



SERVICES

- Polynesian Dance Lessons and Cultural Educational Programs to schools (preschool to 18 year olds)
- Polynesian entertainment for small/large groups or events.

Please visit:

www.tropicalpolynesianproductions.com
for more information and video clips.

Ask for Kalena at 623-255-8491.



POLYNESIAN DANCE CULTURAL EDUCATIONAL CLASSES AND PROGRAMS



TROPICAL POLYNESIAN PRODUCTIONS

GLENDALE, AZ
USA



KALENA
TROPICAL POLYNESIAN PRODUCTIONS
PO BOX 2444
SUN CITY, AZ 85372
www.tropicalpolynesianproductions.com

HOW TO HULA

A dance set to poetry. Learn the difference between Hula Kahiko (Ancient Hula) and Hula Auana (Modern Hula). Storytelling in dance form. Learn the various types of Hawaiian dance: Hula Kahiko and Hula Auana and the costumes used for each. Then learn the basic foot and hand motions, and complete choreographies. Hula Kahiko (Ancient Hula) is performed with a chanter, who plays the Ipu Heke (double gourd drum) and the dancer(s) who dance to the beat of the drum. Chanting is a form of Hawaiian mele (song) to honor a person, place, or event. Chanting is performed at funerals, weddings, graduations and just about for any occasion.

Dress: Women - Pa'u or skirt (or leotards and tights). Wear comfortable clothing.

Additional Information about Chants: All music from all over the world started out as chants-- religious chants; then, it emerged into secular (non-religious) music.

Also check out:
www.sugarkdesigns.com for
Mobile Manicurist Services.
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ORI: THE DANCE OF TAHITI

The most energetic of all the Polynesian dances and widely known for very fast hip movements (Remember the dancer during the Hawaii 5-0 theme song and credits.) Emphasis is on hip isolation. Instruction includes strength and stamina training. Learn the difference between Otea and Aparima. This class is appropriate for beginners as well as experienced dancers.

Dress: A pareo or scarf for the hips (or leotards and tights). Wear comfortable clothing.

NEW ZEALAND MAORI POI DANCE

Learn the art of twirling Poi balls (soft white balls at the end of bright, braided yarn which Maori women twirl in their dancing). The Poi dance was originally used by the Maori women for keeping their hands flexible for weaving and by the men for strength and coordination required during battle.

Dress: (leotards and tights). Wear comfortable clothing.

Monthly dance lessons are for ages –
preschool to 18 years, boys and girls.

OTHER DANCES TAUGHT

FIJIAN
TONGAN
SAMOAN

FYI: Samoans and Tongans perform the Money Dance, it is a tradition for the audience to give the dancer money, by either placing the money on the stage near her or tucking the money into her clothes. Some throw the money on the stage. The purpose of this dance is to show appreciation and support for her dancing, as well as the dancer.

Educational Programs for Schools/Groups

\$100.00 for one hour

\$75.00 for each additional hour

Monthly Dance Lessons

\$60.00 per person/4 week session

Thursdays, 7 pm to 8 pm

Call or email for location

Group Lessons for Parties

\$100.00 per hour, 1-30 people

\$150.00 per hour 31+ people

Please contact:

Kalena

623-255-8491

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